Area	Strand	Lesson/Material	Curriculum Element	Birth - 3-6 3 mo. mo.		9-12 12 mo. r	ID
Infants	Motor Development	Equilibrium	Lifts head.	•			1
Infants	Motor Development	Equilibrium	Raises head while lying on stomac	ch.			2
Infants	Motor Development	Equilibrium	Supports upper body with arms w lying on stomach.	vhile •			3
Infants	Motor Development	Equilibrium	Stretches out and kicks legs.	•			4
Infants	Motor Development	Equilibrium	Pushes down with legs when held a hard surface.	above			5
Infants	Motor Development	Equilibrium	Masters control of the head.	•			6
Infants	Motor Development	Equilibrium	Rolls over, turning from front to l	back.			7
Infants	Motor Development	Equilibrium	Rolls both ways.		•		8
Infants	Motor Development	Equilibrium	Scoots along floor using arms and to propel body forwards.	l legs			9
Infants	Motor Development	Equilibrium	Sits supported by pillows.	•	•		10
Infants	Motor Development	Equilibrium	Sits, supporting self with hands.		•		11
Infants	Motor Development	Equilibrium	Sits without support.		•		12
Infants	Motor Development	Equilibrium	Gets to sitting position without assistance.		•		13

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.	6-9 mo.	9-12 mo.	12-18 mo.	ID
Infants	Motor Development	Equilibrium	Gets from sitting to crawling position without assistance.		•			14
Infants	Cognitive Development	Exploration	Purposefully explores objects in a number of ways through shaking, banging, throwing, dropping, etc.		•	•	•	15
Infants	Motor Development	Equilibrium	Crawls forward on belly by pulling with arms and pushing with legs.		•	•		16
Infants	Motor Development	Equilibrium	Crawls on hands and knees.		•			17
Infants	Motor Development	Equilibrium	Stands with support.		•			18
Infants	Motor Development	Equilibrium	Pulls body into upright position.		•			19
Infants	Motor Development	Equilibrium	Walks with assistance.			•		20
Infants	Motor Development	Equilibrium	Walks on tip-toe, holding onto bar or furniture.			•		21
Infants	Motor Development	Equilibrium	Stands upright without support.			•		22
Infants	Motor Development	Hand	Opens and closes hands.	•				23
Infants	Motor Development	Hand	Brings hand to mouth; explores hand with mouth.	•				24
Infants	Motor Development	Hand	Instinctive prehension evident in grasping adult finger or object offered.	•				25
Infants	Motor Development	Hand	Begins to observe own hands.	•				26

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3- 3 mo. mo		9-12 12-18 mo. mo.	ID
Infants	Motor Development	Equilibrium	Swipes at objects dangling on mobile frame.	or			27
Infants	Motor Development	Hand	Purposeful grasping and shaking of objects.	•	•		28
Infants	Motor Development	Hand	Uses whole hand; raking grasp.		•		29
Infants	Motor Development	Hand	Intentionally works with hands to manipulate objects.	(•		30
Infants	Motor Development	Equilibrium	Reaches with one hand to grasp an object.		•		31
Infants	Motor Development	Hand	Transfers objects from hand to hand.		•		32
Infants	Motor Development	Hand	Purposefully grasps and releases object	cts.	•		33
Infants	Motor Development	Hand	Controls fingers.		•		34
Infants	Motor Development	Hand	Prehension with pincer grip - small objects.			•	35
Infants	Motor Development	Hand	Holds large objects with arms.			•	36
Infants	Social and Emotional	Attachment	Enjoys bodily contact, such as cuddling	ng.			37
Infants	Social and Emotional	Attachment	Enjoys being in the company of other	rs.	•		38
Infants	Social and Emotional	Attachment	Differentiates between known people and strangers.		•		39

Area	Strand 1	Lesson/Material	Curriculum Element	Birth - 3 mo.		6-9 mo.	9-12 mo.	12-18 mo.	ID
Infants	Social and Emotional	Attachment	Displays attachment to primary caregiver or parent.			•			40
Infants	Social and Emotional	Attachment	Displays shyness and anxiety around strangers.				•		41
Infants	Social and Emotional	Attachment	Cries when parents leave.				•		42
Infants	Social and Emotional	Attachment	Shows a preference for certain people and toys.				•		43
Infants	Social and Emotional	Attachment	Demonstrates affection.				•		44
Infants	Social and Emotional	Attachment	Demonstrates empathy.				•		45
Infants	Social and Emotional	Attachment	Displays separation anxiety.				•		46
Infants	Social and Emotional	Self-Awareness & Emotions	Expresses needs and emotions with body and face.	•					47
Infants	Social and Emotional	Self-Awareness & Emotions	Indicates enjoyment of social play through laughing and body language.		•	•			48
Infants	Social and Emotional	Self-Awareness & Emotions	Displays an interest in images of self in a mirror.		•	•			49
Infants	Social and Emotional	Self-Awareness & Emotions	Often expresses joy.		•	•			50
Infants	Social and Emotional	Self-Awareness & Emotions	Expresses a range of emotions, including fear, anger, and shyness.			•			51
Infants	Social and Emotional	Self-Awareness & Emotions	Recognizes own name.				•		52

Strand	Lesson/Material	Curriculum Element			6-9 mo.	9-12 mo.	12-18 mo.	ID
Social and Emotional	Self-Awareness & Emotions	Tries to influence the action of others by protesting.				•		53
Social and Emotional	Self-Awareness & Emotions	Actively explores environment.				•		54
Social and Emotional	Social Interactions	Fixes attention on faces of others.	•	•				55
Social and Emotional	Social Interactions	Responds with enjoyment to person-to- person contact.	•					56
Social and Emotional	Social Interactions	Enjoys play activities and indicates displeasure by crying when game stops.	•					57
Social and Emotional	Social Interactions	Imitates movements and facial expressions of others.	•					58
Social and Emotional	Social Interactions	Develops "social smile" - smiles at a face.	•					59
Social and Emotional	Social Interactions	Imitates sounds, actions, and facial expressions.				•		60
Social and Emotional	Social Interactions	Tests responses of others.				•		61
Social and Emotional	Social Interactions	Imitates gestures.				•		62
Social and Emotional	Social Interactions	Fights for a toy, which another child may be holding.				•		63
Social and Emotional	Social Interactions	Pays attention to and responds differently to different tones of voice.				•		64
Social and Emotional	Social Interactions	Attempts to play with other children.				•		65
	Social and Emotional Social and Emotional	Social and Emotional Self-Awareness & Emotions Social and Emotions Social and Emotions Social and Emotional Social Interactions Social and Emotional Social Interactions	Social and Emotional Self-Awareness & Emotions Tries to influence the action of others by protesting. Social and Emotional Self-Awareness & Actively explores environment. Emotional Fixes attention on faces of others. Social and Emotional Social Interactions Responds with enjoyment to person-to-person contact. Social and Emotional Social Interactions Enjoys play activities and indicates displeasure by crying when game stops. Social and Emotional Social Interactions Imitates movements and facial expressions of others. Social and Emotional Social Interactions Develops "social smile" - smiles at a face. Social and Emotional Social Interactions Imitates sounds, actions, and facial expressions. Social and Emotional Social Interactions Tests responses of others. 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Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.		6-9 mo.	9-12 mo.	12-18 mo.	ID
Infants	Social and Emotional	Social Interactions	Deliberately seeks to maintain interaction with others.				•		66
Infants	Social and Emotional	Auditory	Follows familiar voices with eyes or head.	•					67
Infants	Sensory Development	Auditory	Reacts to different sounds.	•	•				68
Infants	Sensory Development	Auditory	Responds to an adult's singing.			•			69
Infants	Sensory Development	Auditory	Makes sounds with objects and reacts to the sounds produced.			•	•		70
Infants	Sensory Development	Gustatory	Eats food with varying textures.			•	•		71
Infants	Sensory Development	Gustatory	Begins to show preferences in the tastes of food.			•	•		72
Infants	Sensory Development	Olfactory	Displays preference for sweet smells.	•					73
Infants	Sensory Development	Tactile	Displays preference for soft rather than rough textures.	•					74
Infants	Sensory Development	Tactile	Explores textures.		•	•			75
Infants	Sensory Development	Visual	Displays interest in black and white mobiles.	•					76
Infants	Sensory Development	Visual	Follows moving objects with eyes.	•					77
Infants	Sensory Development	Visual	Follows moving things with eyes.	•					78

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.		6-9 mo.	9-12 mo.	12-18 mo.	ID
Infants	Sensory Development	Visual	Recognizes familiar objects and people.	•					79
Infants	Sensory Development	Sensory Exploration	Purposefully explores objects in a number of ways using all senses.				•		80
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Explores hand-to-hand transfer; purposefully moving objects from one hand to another.		•	•			81
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Puts objects into containers and takes them out again.			•	•		82
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Works with Object Permanence Box with tray to refine hand-and-finger control, eye-hand coordination, and to construct concept of object permanence				•		83
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Works with Object Permanence Box with drawer to refine hand-and finger- control, eye-hand coordination, and to construct concept of object permanence				•		84
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Works with various Imbucare Boxes to refine hand-and-finger control, eye-hand coordination, and to construct the concept of object permanence. (Imbucare Boxes, Copyright Nienhuis, 2012)	l			•		85
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Works with Imbucare [®] Boxes with slot and flip lid to refine wrist movement, eye-hand coordination and to construct the concept of object permanence. (Imbucare [®] Boxes, Copyright Nienhuis, 2012)				•		86
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Explores geometric shapes through inserting objects into cut-out shapes (Imbucare® Boxes with shape-sorter lid) to refine hand-and-finger control, eyehand coordinatio, and to construct the concept of object permanence. (Imbucare® Boxes Copyright Nienhuis, 2012)				•		87
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Works with various Imbucare [®] Boxes to develop hand-and-finger control, eyehand coordination, and to construct the concept of object permanence. (Imbucare [®] Boxes Copyright Nienhuis, 2012)				•		88

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.		6-9 mo.	9-12 mo.	12-18 mo.	ID
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Hangs knit balls on dowels to develop eye-hand coordination and fine-muscle control and to begin to match colors.				•		89
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Places large pegs into holes to develop eye-hand coordination and fine-muscle control and begin to sort colors.				•		90
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Works with simple puzzles to further develop eye-hand coordination and develop figure-ground concept - single-shape puzzles.				•		91
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Places disks on dowels to develop eye- hand coordination and various finger grips (Toddler Infilare exercises).				•		92
Infants	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Places disks and cubes on dowels to develop eye-hand coordination and various finger grips (Toddler Infilare exercises).				•		93
Infants	Cognitive Development	Object Permanence	Finds a partially hidden object.		•	•			94
Infants	Cognitive Development	Object Permanence	Purposefully attempts to reach objects that are out of reach.		•	•			95
Infants	Cognitive Development	Object Permanence	Finds hidden objects.				•		96
Infants	Cognitive Development	Concept Formation	Associates names of objects with images				•		97
Infants	Cognitive Development	Concept Formation	Begins to use objects for their intended purpose.				•		98
Infants	Language	Hearing and Understanding	Responds to loud sounds in environment.	•					99
Infants	Language	Hearing and Understanding	Calms or smiles in response to human voice.	•					100
Infants	Language	Hearing and Understanding	Recognizes voice of parent or primary care-giver.	•					101

Area	Strand I	Lesson/Material	Curriculum Element	Birth - 3 3 mo. m		9-12 12-18 mo. mo.	
Infants	Language	Hearing and Understanding	Moves eyes towards direction of a sound.		•		102
Infants	Language	Hearing and Understanding	Responds to changes in tone of voice.		•		103
Infants	Language	Hearing and Understanding	Notices objects that make a sound.		•		104
Infants	Language	Hearing and Understanding	Responds (pays attention) to music.		•		105
Infants	Language	Hearing and Understanding	Responds with enjoyment to simple word and movement games and finger-plays.		•	•	106
Infants	Language	Hearing and Understanding	Turns head towards direction of a sound.		•	•	107
Infants	Language	Hearing and Understanding	Shows interest when spoken to.		•	•	108
Infants	Language	Hearing and Understanding	Recognizes common household words.		•	•	109
Infants	Language	Hearing and Understanding	Complies with simple requests.		•	•	110
Infants	Language	Speaking	Communicates pleasure through cooing sounds.	•			111
Infants	Language	Speaking	Indicates different needs through different cries.	•			112
Infants	Language	Speaking	Smiles when seeing a familiar person.	•			113
Infants	Language	Speaking	Babbling begins to resemble more mature speech and contains some consonants (p, b, m).		•		114

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.		6-9 mo.	9-12 mo.	12-18 mo.	ID
Infants	Language	Speaking	Chuckles and laughs to communicate joy.	•	•				115
Infants	Language	Speaking	Vocalizes other emotions, such as excitement and displeasure.		•				116
Infants	Language	Speaking	Makes a range of gurgling sounds when playing with someone or when alone.		•				117
Infants	Language	Speaking	Babbling includes a range of sounds and gaps which resemble phrases.			•	•		118
Infants	Language	Speaking	Uses sounds to attract and hold attention of others - communication.			•	•		119
Infants	Language	Speaking	Uses body language to communicate needs.			•			120
Infants	Language	Speaking	Imitates a large variety of speech sounds			•	•		121
Infants	Language	Speaking	Has some recognizable words.				•		122
Infant- Toddler	Motor Development	Equilibrium	Walks holding onto bar or furniture.					•	1
Infant- Toddler	Motor Development	Equilibrium	Walks independently.					•	2
Infant- Toddler	Motor Development	Hands	Coordinates use of both hands working together.					•	3
Infant- Toddler	Motor Development	Hand	Uses hands for purposeful work.					•	4
Infant- Toddler	Social and Emotional	Social Interactions	Engages in solitary or parallel play.					•	5

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.	6-9 mo.	9-12 mo.	12-18 mo.	ID
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Works with simple puzzles to further develop eye-hand coordination - three-shape puzzles.				•	6
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Stacks different colored disks on dowels sorting by color to further develop hand control and color- matching skills.				•	7
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Stacks different sized disks on dowels sorting by color to further develop hand control and color- matching skills.				•	8
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Places disks on horizontal dowels to develop supinated wrist movement and further develop eye-hand coordination.				•	9
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Places different sized balls and ellipsoids on small pegs to explore sizes and perception of part becoming whole.	3			•	10
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Works with box with bins to develop various wrist movements and object permanence.				•	11
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building skills and concepts using special materials	Works with box with sliding lid to develop wrist movements and object permanence.				•	12
Infant- Toddler	Cognitive Development	Exploration	Explores objects in a number of ways using all senses (e.g., Treasure Basket; Heuristic Play Collections.				•	13
Infant- Toddler	Cognitive Development	Concept formation	Begins to sort mixed collections of objects into categories.				•	14
Infant- Toddler	Motor Development	Equilibrium	Walks carrying large and/or heavy objects; climbs stairs carrying objects in search of maximum effort.				•	15
Infant- Toddler	Motor Development	Equilibrium	Runs.				•	16
Infant- Toddler	Motor Development	Equilibrium	Kicks a ball.				•	17
Infant- Toddler	Social and Emotional	Self-Awareness & Emotions	Displays growing awareness of self as separate from others.				•	18

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.	6-9 mo.	9-12 mo.	12-18 mo.	ID
Infant- Toddler	Social and Emotional	Self-Awareness & Emotions	Recognizes self in mirror.				•	19
Infant- Toddler	Social and Emotional	Self-Awareness & Emotions	Refers to self using own name.				•	20
Infant- Toddler	Social and Emotional	Social Interactions	Imitates behavior of others, including actions in songs and play activities.				•	21
Infant- Toddler	Social and Emotional	Social Interactions	Enjoys company of other children.				•	22
Infant- Toddler	Cognitive Development	Sorting and matching	Matches objects to pictures.				•	23
Infant- Toddler	Cognitive Development	Sorting and matching	Pairs identical pictures.				•	24
Infant- Toddler	Cognitive Development	Sorting and matching	Pairs related pictures.				•	25
Infant- Toddler	Cognitive Development	Sorting and matching	Sorts objects by shape.				•	26
Infant- Toddler	Cognitive Development	Sorting and matching	Sorts objects by color.				•	27
Infant- Toddler	Cognitive Development	Sorting and matching	Sorts objects by category (e.g., buttons, animals, beads, etc.).				•	28
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in dishwashing.				•	29
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in flower arranging.				•	30
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in folding activities.				•	31

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.	6-9 mo.	9-12 mo.	12-18 mo.	ID
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in food preparation.				•	32
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in cleaning activities.				•	33
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in setting table for snack or lunch.				•	34
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in clearing table after snack or lunch.				•	35
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in sorting and folding laundry.				•	36
Infant- Toddler	Practical Life	Collaboration with adult in activities of daily living	Collaborates with adult in pouring water and juice.				•	37
Infant- Toddler	Practical Life	Care of self - Eating	Feeds self with fingers.				•	38
Infant- Toddler	Practical Life	Care of self - Eating	Collaborates with adult in feeding self at weaning table and chair.				•	39
Infant- Toddler	Practical Life	Care of self - Eating	Uses a spoon.				•	40
Infant- Toddler	Practical Life	Care of self - Eating	Drinks from a teaspoon offered by adult.				•	41
Infant- Toddler	Practical Life	Care of self - Eating	Drinks from a cup.				•	42
Infant- Toddler	Language	Hearing and understanding	Can identify (by pointing) various body parts.				•	43
Infant- Toddler	Language	Hearing and understanding	Can comply with simple requests containing action and object (Fetch the toy, hold my hand).				•	44

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.	6-9 mo.	9-12 mo.	12-18 mo.	ID
Infant- Toddler	Language	Hearing and understanding	Listens with interest to stories and rhymes.				•	45
Infant- Toddler	Language	Hearing and understanding	Can identify (by pointing) objects in pictures and books.				•	46
Infant- Toddler	Language	Speaking	Constantly increases vocabulary using new words every month.				•	47
Infant- Toddler	Language	Speaking	Uses one- or two-word questions.				•	48
Infant- Toddler	Language	Speaking	Strings words together to communicate more complex ideas (e.g., "More juice"; "Mommy go");				•	49
Infant- Toddler	Language	Speaking	Uses more consonant sounds at the beginning of words and enunciates them more clearly.				•	50
Infant- Toddler	Motor Development	Hand	Uses hands with increasing precision.				•	51
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Stacks different-colored disks on dowels sorting by color to further develop hand control and color-matching skills.	•		•	•	52
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Stacks different-sized disks on dowels, sorting by color to further develop hand control and color-matching skills.			•	•	53
Infant- Toddler	Integrated Eye- Hand and Cognitive Development	Building Skills and Concepts Using Special Materials	Places different-sized balls and ellipsoids on small pegs to explore sizes and perception of part becoming whole.				•	54
Infant- Toddler	Language	Hearing and Understanding	Can identify various body parts (by pointing).				•	56
Infant- Toddler	Language	Hearing and Understanding	Can comply with simple requests containing action and object (e.g., "Fetch the toy; Hold my hand").				•	57
Infant- Toddler	Language	Hearing and Understanding	Can identify objects in pictures and books (by pointing).				•	58

Area	Strand	Lesson/Material	Curriculum Element	Birth - 3 mo.		9-12 mo.		ID
Infant- Toddler	Language	Speaking	Strings words together to communicate more complex ideas (e.g., "More juice; Mommy go").				•	59